



FBC FIRST Word

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FROM THE PASTOR, TERRY JOHNSTON

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"The prayer of a righteous person is powerful and effective."

James 5:16

Have you ever heard of the 21/90 rule? It's a common understanding that it takes 21 days to form a habit, and 90 days to make it a permanent lifestyle change. Repeating something for 21 days requires discipline, a trait we don't always like, because discipline is often unpleasant.


But what if that discipline is spiritual and forms us into better disciples of Jesus? Would that be enough motivation to encourage us to press on? And on top of that, how much more beneficial is it when you are working through something with a group and not just on your own?

The Bible tells us to pray. Jesus himself teaches us how and why we should pray. Yet too often, our prayer lives could best be described as 911 calls to God in times of crisis or before we eat a meal. While these are an essential part of a healthy prayer life, there is so much more depth to being people of deep and faithful prayer.

In the Bible, a time of 40 days is often recognized as a period of trial and endurance. In Genesis, God caused it to rain for 40 days and 40 nights. In Exodus, Moses was on Mt. Sinai for 40 days and 40 nights, and later in Deuteronomy interceded for Israel for 40 days and 40 nights. In the Gospels, Jesus was led by the Spirit into the wilderness where he was tempted for 40 days and 40 nights.

What if we took a 40-day challenge and placed an emphasis on developing our prayer lives into a more deeply connected fellowship with God and with one another? What would a 40-day emphasis on intentional and focused prayer do for you? Beginning on Sunday, September 19th and continuing until October 28th, each weekday you'll receive a verse or passage via email to guide you in deepening your prayer habits and lifestyle.

In our worship time, we will be looking at Prayers of the Psalms. These Psalms connect the beautiful poems and songs of God's people and teach us the rich depth of God's heartfelt love for us.



Rejoice
in hope,
be patient
in tribulation,
be constant
in prayer.

Romans 12:12, ESV

www.fbcmcgregor.org

Join us online

September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Midweek Activities	2	3	4
5	6 Church office closed Labor Day	7	8 Midweek activities	9 Latham Springs	10	11
12	13	14 Fellowship Breakfast	15 Midweek Activities	16	17	18
19	20 LIFE Group	21	22 Midweek Activities	23	24	25
26	27	28	29 Midweek Activities	30		

Connecting...Building...Transforming



PLEASE PRAY FOR OUR NURSING HOME RESIDENTS

Westview Manor

Heartis House

Verna Arp

PRAYERS NEEDED:

Please continue to pray for all those on our church's prayer list.

MARY HILL DAVIS OFFERING FOR TEXAS MISSIONS®

Week of Prayer for Texas Missions: September 12-19, 2021

The Mary Hill Davis Offering® is used to advance Texas Baptists missionary efforts to help people come to know Christ. If you'd like to make an offering, you can mail it to the church, use the GivePlus+ app, drop it by the church office or put it in the offering plate each Sunday in September. The week of prayer for Texas Missions is September 12-19.



- Betty Horton-----9/3
- Donnie Ramsey-----9/3
- Troy Tucker-----9/3
- Nancy Gordon-----9/5
- Rex Tucker-----9/5
- Daniel Alder-----9/7
- Carol England-----9/7
- Craig Huffman-----9/8
- Vickie Squyres-----9/8
- Karen Huffman-----9/9
- Victoria Milam-----9/10
- Jeff Squyres-----9/11
- Tricia Wallace-----9/13
- Scott Tucker-----9/17
- Carrie Sloan-----9/26
- Luke McAdams-----9/27
- Joann Cox-----9/29



September 14
8:30 am
Coffee Shop Cafe



September 20
Noon
Fellowship Hall

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

Philippians 4:6-7 (NIV)

"Let's Cook!"

Cinnamon Swirl Bread

allrecipes.com

1/3 cup white sugar
2 teaspoons ground cinnamon
2 cups all-purpose flour
1 tablespoon baking powder
1/2 teaspoon salt
1 cup white sugar
1 egg, beaten
1 cup milk
1/3 cup vegetable oil

Preheat oven to 350 °. Lightly grease a 9x5 inch loaf pan. In a small bowl, mix together 1/3 cup sugar and 2 teaspoons cinnamon; set aside.

In large bowl combine flour, baking powder, salt and remaining 1 cup sugar. Combine egg, milk, and oil; add to flour mixture. Stir until just moistened.

Pour half of the batter into pan. Sprinkle with half the reserved cinnamon/sugar mixture. Repeat with remaining batter and cinnamon/sugar mixture. Draw a knife through batter to marble.

Bake in preheated oven for 45 to 50 minutes, or until a toothpick inserted into center of the loaf comes out clean. Let cool in pan for 10 minutes before removing to a wire rack to cool completely. Wrap in foil and let sit overnight before slicing.



Chili Dog Casserole

allrecipes.com

2 (15 ounce) cans chili with beans
1 (16 ounce) package beef frankfurters
10 (8 inch) flour tortillas
1 (8 ounce) package Cheddar cheese, shredded

Preheat oven to 425 °.

Spread 1 can of chili and beans in the bottom of a 9x13 inch baking dish. Roll up franks inside tortillas and place in baking dish, seam side down, on top of chili and bean 'bed'. Top with remaining can of chili and beans, and sprinkle with cheese.

Cover baking dish with aluminum foil, and bake at 425° for 30 minutes.

BBQ Chicken Twice-Baked Potatoes

delish.com

4 medium sweet potatoes
1 tbsp. extra-virgin olive oil
Kosher salt
Freshly ground black pepper
2 c. shredded rotisserie chicken
1/2 c. barbecue sauce, plus more for serving
2 cloves garlic, minced
1/2 small red onion, thinly sliced into quarter moons
1 small jalapeño, thinly sliced
1 c. shredded smoked Gouda

Preheat oven to 375°. Place sweet potatoes on a large baking sheet. Toss with oil and season with salt and pepper.

Bake until tender, about 1 hour, depending on size. Let cool slightly, then, using a paring knife, slice along top of each sweet potato and push in both ends to create a well.

In a medium bowl, toss chicken with barbecue sauce and garlic. Stuff into sweet potatoes, then top with red onion, jalapeño, and Gouda. Return to oven and bake until cheese is melty and chicken is warmed through, about 15 minutes more.

Drizzle with barbecue sauce before serving.

This recipe would probably be good with white potatoes as well.