

Success Body Accountability Buddy Calls Template

Support for Transforming Your Fate into Your Destiny

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Purpose: To create a (part of you life)

Regular opportunities to get support as you Dance with Your Destiny (continue to intentionally, consciously and consistently be on the path of fulfilling your destiny. This is a journey...not a destination! For encouragement and support in each other's ongoing release of blocks, chakra activation, progress on inspired actions to realize your business goals and continue to transform your fate into your destiny. To help draw out each other's wisdom as well as receive insights, advice and connections from a trusted fellow woman business owner. Also, its human nature that we get more done when we have a supportive and encouraging accountability system for regularly reporting our progress. It's best to have a Accountability Buddy call framework so the calls don't turn into a chat fest without intentional purpose that propels focused action.

Format: Meet twice a week for 30 minutes or once a week for 60 minutes by phone (at a predetermined day of week/time of day). Make it a priority on your calendar and show up.

Confidentiality: All sharing must remain completely confidential unless otherwise discussed specifically. For example, if your Success Body Accountability Buddy shares about a new service or product, ask if you can share about it with others.

Preparation for beginning your regular accountability calls

- Select and enroll an **accountability buddy** (ideally another woman in business).
- Determine the frequency and length of the calls and get them on your **calendar** (30 minutes twice a week or 60 minutes once a week)
- Create your **Destiny Dancing Declarations** – these are positive affirmations that express (and you declare) the powerful being you are, as well as where you are headed in your business and your life, that you will read out loud on your

Agenda

Opening intention / Meditation (1 minute)

Each partner reads their **Destiny Declarations** (affirmations) (5 minutes)

If you meet twice a week for 30 minutes, one of you can read yours on one day of the week and the other reads theirs on the other day of the week (i.e. Tuesdays and Thursdays)

Buddy 1 shares:

- Wins/Successes/Progress since we last spoke (and celebrate!)
- Inspired actions currently in progress
- Inspired actions planned for between now and when you meet next
- New ideas / services / projects under consideration
- Challenges or areas you would like support for (that didn't come up already)

During Buddy 1's sharing, Buddy 2 asks open-ended, insightful questions (that encourages Buddy 1 to access their own wisdom), and provides feedback, intuitive insights, invitations to take action, and advice or connections as requested.

Buddy 2 shares:

- Wins/Successes/Progress since we last spoke (and celebrate!)
- Inspired actions currently in progress
- Inspired actions planned for between now and when you meet next
- New ideas / services / projects under consideration
- Challenges or areas you would like support for (that didn't come up already)

During Buddy 2's sharing, Buddy 1 asks open-ended, insightful questions (that encourages Partner 2 to access their own wisdom), and provides feedback, intuitive insights, invitations to take action, advice or connections as requested.

Final offer for any additional support. For example, asking each other: Is there anything else you would like support around? Or How else can I support you?

Closing: Express appreciation for each other's support, 1 minute closing and confirm next call

Provided in support by Susan Rueppel, Chief Intuition Officer®, WINtuition®

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