

# Strengthen Your Inner CEO

*Engaging Your Intuition in Business*

## The Intuitive Business Day

YOUR ACTIVITY	YOUR INTUITIVE TOOLS
Wake up	<ul style="list-style-type: none"> <li>• Upon awakening, record any intuitive insights you received at night</li> <li>• Ground and set your optimal energy for the day</li> </ul>
Shower	<ul style="list-style-type: none"> <li>• Record your intuitive insights</li> </ul>
Arrive at your office	<ul style="list-style-type: none"> <li>• Ground and set the energy for your office</li> </ul>
Send emails / Social media posts	<ul style="list-style-type: none"> <li>• Imbue your emails and posts with the essence of your business</li> </ul>
Make an important decision	<ul style="list-style-type: none"> <li>• Traffic light &amp; use all intuitive senses</li> </ul>
Design a new program	<ul style="list-style-type: none"> <li>• Tune in to the program itself</li> <li>• Tune in to see what they want (instant market research): How they want it packaged, delivered &amp; priced               <ul style="list-style-type: none"> <li>○ Prospects (future clients)</li> <li>○ Existing clients</li> </ul> </li> </ul>
Work on a marketing piece	<ul style="list-style-type: none"> <li>• Use the visual split screen to see / know how people will experience it</li> </ul>
Prepare for a speaking engagement	<ul style="list-style-type: none"> <li>• Set the energy (you &amp; the room)</li> </ul>
SHIFT from business development energy to people interaction energy	
Enroll people in your event	<ul style="list-style-type: none"> <li>• See the people at your event</li> <li>• Send a spirit to spirit hello to the people you want to be there</li> <li>• Feel the energy / excitement of the event before and during the calls</li> </ul>
Coaching calls with clients	<ul style="list-style-type: none"> <li>• Tune in to the client intuitively</li> <li>• Ask your business: 'How can I best serve?' What do they need most today?'</li> <li>• After call, release the client's energy</li> </ul>
Attend a networking event	<ul style="list-style-type: none"> <li>• Embody yourself with your passion for your business, how your clients benefit &amp; your most glowing testimonial</li> </ul>
End of work day	<ul style="list-style-type: none"> <li>• Ground, release, reset</li> </ul>